

Dear Madam,

Following your pregnancy declaration, the Seine-et-Marne Département makes its Maternal and Child Protection services available to you to help support the arrival of your child.

Pregnancy monitoring includes a number of compulsory medical examinations:

- From the 4<sup>th</sup> month of pregnancy, one medical consultation per month by a doctor or midwife.
- One ultrasound scan per quarter
- An early prenatal interview (EPP).

**What is an early prenatal interview?**

- It is a discussion of around 45 minutes to take stock of your needs for support during your pregnancy. It is an important and personal moment during which you can ask all your questions not related to medical examinations.
- It can be conducted at a doctor's or midwife's practice or in hospital by a midwife or a doctor, either alone or as a couple depending on your choice.

If the healthcare professional who is treating you does not conduct this interview, you can contact our department to:

- Arrange an appointment at one of our consultation centres near you
- Have the interview at home
- Be redirected to a partner if the service is unavailable.

You will be given an interview report which you can then share, if you wish, with the healthcare professionals monitoring your pregnancy and with the team who will be looking after you when you give birth.

The interview is fully covered by Social Security. No advance payments are required, and the interview can be conducted at any time during the pregnancy.

You will also find attached documents containing information about the various activities available from the Maternal and Child Protection professionals and family planning departments and the brochure from the Regional Perinatal Care Scheme (DSRP) explaining the early prenatal interview.

Feel free to contact us for further information or to make an appointment:

Maternity and Child Protection and sexual health department SPMI2S  
Maison départementale des solidarités de ...  
Address  
Telephone

